

We are a group of diverse creative arts therapists and students who choose practices of care as our lifework on colonized Indigenous land.

WHO ARE WE?



We unequivocally oppose the genocide of the Palestinian people by the Israeli apartheid state, as we unequivocally oppose genocides everywhere, and actively support those resisting colonial violence in all the ways we can, from Turtle Island to Palestine.

WE SAY NO TO GENOCIDE

We're taking collective actions to organize and participate in mutual aid projects, institutional advocacy, and coalition / community building in support of the people of Palestine and communities experiencing genocides and colonial oppression.

WE SAY YES TO COLLECTIVE ACTION

Every bombed village is my hometown.
And every dead child is my child.
Every grieving mother is my mother.
Every crying father is my father.
Every home turned to rubble is the home I grew up in.
Every brother carrying the remains of his brother across borders is my brother.
Every sister waiting for a sister who will never come home is my sister.
Every one of these people are ours.
Just like we are theirs.
We belong to them
and they belong to us.

— James Baldwin

WHAT CAN YOU DO?

Hundreds of shipments of military goods and weapons have been sent from Canada to Israel between October 2023 to July 2025. **Demand a full arms embargo now!**

Learn more & take actions here ----->



Boycott and divest from companies investing in / profiting from weapon manufacturing and occupation of Palestine.

Learn more & take actions here ----->



CONTRIBUTE TO MUTUAL AID

None of us are free until all of us are free.

Water is Life Gaza

Led by Palestinian journalists in Gaza and Indigenous organizers on Turtle Island, organizes water truck deliveries + food distributions. Follow [@waterislifegaza](#)



Gaza Soup Kitchen

Serving the communities of Gaza through a network of kitchens, providing hot meals and drinking water. Follow [@gazasoupkitchen](#)



The Sameer Project

Led by Palestinians in the diaspora, provide emergency response and funding to the displaced families in Gaza. Follow [@thesameerproject](#)



CONNECT WITH US

Join us as we work together to create a better future.



Instagram
[@catsagainstgenocide](#)



Website
[catsag.ca](#)



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CATS (Creative Arts Therapists & Students) Against Genocide